

# EvoEndo® Sedation-Free Transnasal Endoscopy

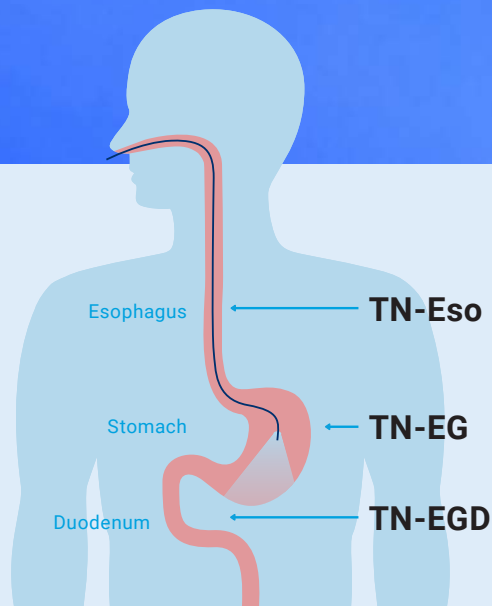


## What is Unsedated Transnasal Endoscopy (TNE)?


Unsedated Transnasal Endoscopy (TNE) is a safe, efficient, and less expensive alternative to evaluate the upper gastrointestinal tract that does not require general anesthesia or sedation.

## Why ask for the EvoEndo® Scope for Unsedated TNE?


The EvoEndo® Scope is narrow and flexible, allowing your doctor to look at your digestive system via your nose.




## What will happen?

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A numbing agent will be applied to your nasal passages to help numb your nose and the back of your throat.
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You will receive an EvoEndo® Patient Experience Kit with items designed to provide distraction during the procedure.
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✓

The EvoEndo® Scope is inserted through the nose, and can be advanced down through the esophagus (food pipe), stomach, and part of the small intestine (duodenum).
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✓

If needed, very small samples of tissue called biopsies may be taken through the EvoEndo® Scope using special forceps. Air and water may also be used to make it easier for the doctor to see.
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## Frequently asked questions

### Is it safe?

TNE is safe and studies show that 94-98% of patients 5 and older tolerate this procedure.<sup>1-4</sup>

Also, TNE eliminates potential complications associated with general anesthesia.



### What are the risks?

The most common side effects of this procedure are sore nose or throat, scant bleeding/irritation, mild chest/stomach discomfort, pressure, or brief nausea/regurgitation. These have been documented in between 2-5% of cases.<sup>1</sup>

For a more thorough list of the possible risks of any form of endoscopy, please discuss with your provider prior to any procedure.

### How long does it take?

Your appointment will last approximately one hour. You could then return to work or home as advised by your physician.

### Can I eat or drink beforehand?

It is always best to speak with your health care provider regarding specific preparation instructions, but no food or drink for 2-4 hours prior to the procedure is recommended.

For more information and to find a provider near you, please visit [evoendo.com](https://evoendo.com)

<sup>1</sup> Nguyen N, et al. Transnasal Endoscopy in Unsedated Children With Eosinophilic Esophagitis Using Virtual Reality Video Goggles. Clin Gastroenterol Hepatol. 2019 Nov;17(12):2455-2462.  
<sup>2</sup> Nguyen N, et al. Emerging Role of Transnasal Endoscopy in Children and Adults. Clin Gastroenterol Hepatol. 2022 Mar;20(3):501-504.  
<sup>3</sup> Cho S, et al. Unsedated transnasal endoscopy: a Canadian experience in daily practice. Can J Gastroenterol. 2008 Mar;22(3):243-6.  
<sup>4</sup> Scherer C, et al. Pediatric Patients' and Parents' Perspectives of Unsedated Transnasal Endoscopy in Eosinophilic Esophagitis: A Qualitative Descriptive Study. J Pediatr Gastroenterol Nutr. 2021 Apr 17;72(4):558-562.